



Local 5454 – Section Locale 5454

Representing Canada's Air Traffic Controllers - La voix des contrôleurs aériens du Canada

February 4, 2010

TO: BRANCHES AND FACILITIES

Reminder of Deadline for Health and Dental Claims

Please be advised that the deadline for submitting health and dental insurance claims is now **March 31st, 2010**.

Proof of Claim must be received by the Plan Administrator (Sun Life) no later than 90 days after the end of the Benefit Year during which the expenses were incurred.

For NAV CANADA's EHC and Dental plans, Benefit Year is defined as January 1 to December 31.

If you have any further questions please contact your local pay and benefits specialist.

In solidarity,

Greg Myles
President

Doug Best
Executive Vice President